

# SUMMER CAMPS

Mix Fun and Fitness this summer ESAC CAMPS! Kids will learn, play and make new friends while keeping active with themed games, crafts and other activities. Discounts available for Executive Members and Multiple Registrations.

Day Camp Participants may be dropped off as early as 7:30am and must be picked up by 5:30pm.

## JUNIOR FITNESS CERTIFICATION - AGES 10-12

July 14th 9:30am-1:30pm **Milw. Club**

July 28th 11:00am-3:00pm **Clack. Club**

A program designed to educate kids about safe, fun and effective exercise. Participants graduate and earn the privilege of using the Fitness Center normally restricted to 13 years of age and older. Parental supervision is not required. Members \$60

## JUNIOR FITNESS CAMP - AGES 10-14

July 16-19, July 23-26, July 30-Aug 2 9:00am-12:00pm

12 action packed hours of fitness and fun! Certified personal trainers will instruct small groups through functional fitness exercises, strength training techniques, healthy eating habits and so much more! Member \$89 Non-Member \$115 **Clack. Club**

## "BEST OF" CAMP - AGES 5-11

August 27-31 7:30am-5:30pm

Only the BEST! Kids will enjoy 5 days of the favorite games from throughout summer. Which games will make the cut? YOU decide! **Milw. Club**

Member 3 days \$119, 5 days \$165

Non-Member 3 days \$129, 5 days \$215

## SKILLS AND DRILLS BASKETBALL CAMP

AGES 8-13

Time 9am to noon

Dates: 6/25 - 6/27 7/23 - 7/25 8/20 - 8/22

NEW Skills and Drills Basketball Camp! Led by the one and only Coach Vince! This camp will focus on ball handling, shooting, personal skills and development training. Each player will gain confidence through repetition and competition. Coach Vince will help players develop athletically by refining their fundamental basketball skills and enhancing their skill set at the post, wing, and guard position. Each camper should bring a basketball, water bottle and a snack/lunch for camp. Please send them in athletic attire/shoes. **Milw. Club**

Member \$125 Non-member \$162.50



## MOVIN' & GROOVIN CAMP - AGES 5-11

June 18-22, July 23-27, August 20-24 7:30am-5:30pm

"Get up and get movin'! This is your chance to try all sorts of different activities from basketball & pickleball, to freeze tag and Zumba. This is a great way to give them ALL a try!" **Milw. Club**

Member 3 days \$119, 5 days \$165

Non-Member 3 days \$129, 5 days \$215

## SURVIVOR CAMP - AGES 5-11

June 25-29, July 30-August 3 7:30am-5:30pm

Kids will form "tribes" and compete throughout the week in team games such as Capture the Flag, Scavenger Hunt, Outdoor Adventures, etc. Nobody gets voted out of this camp! This camp does include adventures outside of the club. **Milw. Club**

Member 3 days \$119, 5 days \$165

Non-Member 3 days \$129, 5 days \$215

## SUPER HERO CAMP - AGES 5-11

July 9-13, August 6-10 7:30am-5:30pm

Caped crusaders, masked knights and the brave men and women who save the day in real life. Kids will make comics, play games, create their very own super hero persona and SAVE THE DAY. This camp includes a visit from our real life local heroes. **Milw. Club**

Member 3 days \$119, 5 days \$165

Non-Member 3 days \$129, 5 days \$215

## VIDEO GAMES UNPLUGGED - AGES 5-11

July 16-20, August 13-17 7:30am-5:30pm

Real life FUN playing Pac Man Tag, Mario Party Obstacles, Animal Crossing & more! This camp includes a trip to Ultrazone for Laser Tag. **Milw. Club**

Member 3 days \$119, 5 days \$165

Non-Member 3 days \$129, 5 days \$215

**10% OFF SWIM & CAMP FOR YOUTH ON EXECUTIVE MEMBERSHIPS**